



Guide to VeloCity

Click your way through VeloCity to see all the places and spaces that make it our “community of the future.” Here, all residents have access to the building blocks of health and well-being and can contribute to making it a healthy and equitable society.

All Exceleator activities take place in the different VeloCity locations. View the descriptions below and the schedule to find out where to access your learning series, “Convos with Colleagues” sessions, wellness activities, and on-demand resources.



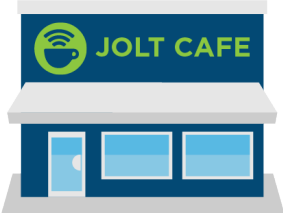

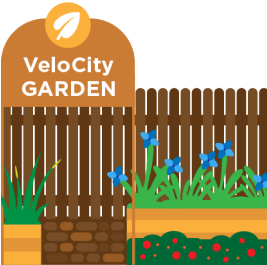

Opening and Closing Ceremonies and Learning Series		
Map Location	What You'll Find	About this Location
	Visit this location for the Opening and Closing Ceremonies	The VeloCity community theater offers a variety of performances, educational opportunities, and an annual film festival. It also will host the Exceleator’s opening and closing ceremonies. Opening ceremonies will explore the current global reality of operating in a pandemic while also confronting systemic and structural racism. As the weeks progress, and closing ceremonies start, you will gain clarity on what it takes to thrive, as an organization and person in the future.
	Advancing Equity Learning Series: Creating an Authentic Equitable, Diverse, and Inclusive Organization	Everyone feels welcome at VeloCity’s local neighborhood center, Exceleator Center. It supports residents, fellow community-based organizations, businesses, and public agencies in working together to advance equitable opportunities for all. While it is an ongoing journey, they have made significant strides in addressing racism at multiple levels, from implicit bias to systemic barriers. As a result, VeloCity is seeing reduced disparities in education, health, and earnings.

alliance1.org/exceleator

Opening and Closing Ceremonies and Learning Series

Map Location	What You'll Find	About this Location
	<p>Educational Success Learning Series: Developing Innovative Partnerships and Approaches to Support Educational Success in Communities</p>	<p>The Excelerator Academy partners with community-based organizations to achieve shared goals for student success by strengthening their relationships with one another and leveraging their unique expertise. Together, they are implementing innovative approaches for whole-child, whole-family, whole-school, and whole-community development within VeloCity's education ecosystem.</p>
	<p>Organizational Excellence Learning Series: Leading a Thriving Organization in Uncertain Times (For Board Members and CEOs Only)</p>	<p>At the Connector Retreat Center, executives and board members gain the knowledge and tools they need to prepare and position their organizations to achieve impact in an increasingly complex world. They focus on analyzing trends and identifying opportunities to ensure future success.</p>
	<p>Population Health & Well-Being Learning Series: Reducing Health Care Disparities within the Social Determinants of Health Framework</p>	<p>At the VeloCity Community Clinic, residents have access to quality, affordable health care and more. Doctors, social workers, therapists, nutritionists, and other partners work together to ensure that all aspects of patients' health and well-being are addressed. By using the lenses of equity and the social determinants of health, this community clinic is reducing racial health disparities in VeloCity.</p>
	<p>Safety & Resilience Learning Series: Using What We Know to Build a Better Child and Family Well-Being System for the Future</p>	<p>VeloCity, has reimagined the child welfare system to build a better child and family well-being system, one that is grounded in equity and prevention. Multiple agencies and partners work together to identify root causes, use population-level data, and equitably allocate resources and services.</p>

Wellness Activities, Convos with Colleagues, and Resources

Map Location	What You'll Find	About this Location
	<p>Visit K-XLR8 for on-demand podcasts and webinars, as well as live webinars.</p>	<p>K-XLR8 is VeloCity's TV and radio station, co-located to minimize their carbon footprint. Focused on amplifying the voices of the community.</p>
	<p>Visit the Town Hall for the policy coffee chats, the Post-Election Town Hall Closing Ceremony, and additional advocacy resources.</p>	<p>Residents, community leaders, and elected officials work together to advance public policies that help all people access the essential building blocks of well-being needed to thrive over the course of a lifetime.</p>
	<p>Drop in at Jolt Café to browse reading recommendations, join live sessions, and meet up with folks informally.</p>	<p>Jolt Café is a popular community gathering place and social enterprise. Created by a local community-based organization with funding from a foundation supporting business development, Jolt Café not only generates revenue for the organization, but it also provides job training and educational opportunities through a partnership with VeloCity University.</p>
	<p>Check out all the resources, products, and solutions the Marketplace offers.</p>	<p>The Marketplace is VeloCity's one-stop-shop for solutions and expertise—from accrediting community-based organizations to providing insurance, retirement plans, software needs, and back-office solutions.</p>
	<p>Stop by VeloCity's community for information to consider before starting your own urban agriculture program or for ideas to spice up your own culinary routine.</p>	<p>Nutrition is a longstanding pillar of wellness but does not mean eating kale three meals a day. Through a partnership between the Resource Center and a major corporate sponsor, VeloCity has a fruitful urban agriculture program.</p>
	<p>Visit the Wellness Center for all wellness activities including, yoga, tai chi, the personal resilience series, and more.</p>	<p>VeloCity boasts a top-rated wellness center, open exclusively to Excelerator participants. The center takes a holistic approach to personal well-being—addressing physical, mental, financial, social, and professional health. Simply drop in; all its offerings are included and do not require advance sign up.</p>

Community Partners

Map Location	About this Location
	<p>The majority of what impacts an individual's health happens outside of a medical facility, which is why it is important for us to invest in vibrant communities and neighborhoods. The non-medical factors that influence one's health, including physical environment, education, and food, known collectively as the social determinants of health, should be addressed to help people thrive. That's why the VeloCity hospital partners with community-based organizations, which, through their experience and expertise, play a critical role in addressing the social determinants of health and creating the standard model of care to meet the social needs of residents.</p>
	<p>The VeloCity police department partners with families, communities, and community-based organizations to have meaningful conversations about institutional racism and identify systemic and equitable solutions that promote family strengths and address challenges facing the community. Community-based organizations host these community conversations and provide align services as potential solutions.</p>
	<p>Foundations support community-based organizations' investments in capacity and innovation. A local foundation recently announced a significant grant program to launch new revenue streams, including social enterprises, at community-based organizations. Selected organizations are paired with business advisors to develop three-year business plans to launch new programs or services that meet needs identified in a recent strengths-based assessment of the community. The local coffee shop Jolt Café is the result of one of these grants!</p>
	<p>VeloCity ensures that early care and education centers are publicly funded and provide universal child care and preschool access for all young children. They support healthy child development by applying the latest in brain science, maintaining low child-to-staff ratios, emphasizing social and emotional learning, and compensating staff fairly to ensure a stable and invested workforce. Early care and education centers support whole-family well-being by connecting them with social and economic mobility supports through community-based organizations directly or rich resource and referral networks.</p>
	<p>Community-based organizations in VeloCity not only provide quality programs and services, but they also take an upstream approach that uses values-based advocacy to advance racial equity and improve social and economic conditions. They also partner with a wide variety of public, nonprofit, philanthropic, and corporate partners to foster collaboration, maximize resources across sectors, and ensure policies and regulations promote financial health and sustainability for the nonprofit sector.</p>